

# Undergraduate Sport degrees

awarded by



Loughborough  
University



**Loughborough**  
COLLEGE est. 1909

UNDERGRADUATE CENTRE

We achieved **ABOVE THE NATIONAL BENCHMARK** in the 2019/20 National Student Survey

We were **AWARDED GOLD** in the 2019 Teaching Excellence Framework

**98% OF OUR STUDENTS** are in either employment or further study within six months of graduating

# HIGHER EDUCATION AT LOUGHBOROUGH COLLEGE

At Loughborough College we work with Loughborough University to offer a number of full-time (three-year) or part-time (six-year) BSc Honours Degrees in a selection of Sport specialisms. Our degree programmes are quality assured each year by the university to ensure they meet the highest possible standards.

Students on our Loughborough University validated Sport courses are eligible to play for Loughborough University in British Universities & Colleges Sport (BUCS) and are members of Loughborough Students' Union (LSU).

## OUR SPORT DEGREES

Our Sport degrees are awarded by Loughborough University who were rated first in the world for sport-related subjects in the QS World Rankings in 2017, 2018 and 2019.

At the end of their degree, students' certificates are awarded directly by the validating university. So students who complete a sport degree with us receive a Loughborough University degree certificate.

As a smaller higher education institution, our entry requirements are more flexible and our students benefit from smaller class sizes, greater 1:1 support and a central Academic Tutor team, providing all the support you need to help you reach your full potential.

- ❖ For our Sports Coaching, Sports Science and Sports Science with Management courses we ask for 96 UCAS points (which is equivalent to MMM from a BTEC Extended Diploma or CCC at A Level).
- ❖ For our Sport and Exercise Therapy course we ask for 112 UCAS points (which is equivalent to DMM from a BTEC Extended Diploma or BBC at A Level).
- ❖ If you are a mature student or find you do not meet the entry requirements, we still welcome your application. In such cases, the curriculum team will need to be satisfied that you are adequately prepared to undertake a programme of study.

## BSC (HONS) APPLIED SPORTS SCIENCE

This programme enables the multidisciplinary study of sport and exercise science at a higher level. You will gain a scientific understanding of core principles in human physiology, psychology and biomechanics, for the purposes of supporting elite sporting performance, as well as developing an understanding of the sociological underpinning of sport. You will have the opportunity to study in all major disciplines of sports science, as well as an introduction to research and laboratory skills, and a research project in your final year.

**FULL-TIME** THREE YEARS

**PART-TIME** SIX YEARS



### COURSE CONTENT

Your learning will include lectures, seminars, online activities, workshops, practical tasks, laboratory skills, peer-group learning and independent study. Our subject specialist staff will deliver highly engaging and interactive, practical and theory sessions in line with their personal expertise and research activities.

Assessments include a range of exams, essays, projects, practicals, presentations and reports. Such diversity allows you to experience and refine various academic and professional skills. An Academic Tutor will work with you throughout the duration of your programme, supporting your development and academic progress.

### MODULES

A full list of course modules is available on our website.

### ENTRY REQUIREMENTS

**96 UCAS points.**

**GCSEs or equivalent in English Language and Maths at grade 4/C or above.**

Students who have completed/ are completing an HND or Foundation Degree may be eligible to enter the programme in year 3. Students in this position should apply through UCAS and select year of entry '3'.

### PROGRESSION

Following completion of this course, many students have gone on to apply for PGCE or teacher training programmes, or to study at master's (MSc/MA) level. Others gain employment within professional sport.

**For fee information please visit our website.**

## BSC (HONS) APPLIED SPORTS SCIENCE WITH MANAGEMENT

This three-year degree programme combines the study of sports science and management and is ideal for those individuals interested in adding breadth to their sports-based study. Studying a broad range of modules in the core sports science disciplines of physiology, psychology and sociology, along with essential management subjects including marketing, sports development and business enterprise, enables you to pursue your interests in both areas.

**FULL-TIME** THREE YEARS

**PART-TIME** SIX YEARS



### COURSE CONTENT

Your learning will include lectures, seminars, online activities, workshops, practical tasks, laboratory skills, peer-group learning and independent study. Particular attention is paid to developing learning and academic skills required for success in higher education, such as becoming an independent, self-motivated learner. You will also develop your entrepreneurial skills by being supported in groups to start your own business in partnership with the Young Enterprise Start Up programme.

Assessments include exams, essays, projects, presentations and reports. Such diversity will allow you to experience various modes of academic and professional practice, refining your skills for your next steps.

### MODULES

A full list of course modules is available on our website.

### ENTRY REQUIREMENTS

**96 UCAS points.**

**GCSE or equivalent in English Language and maths at grade 4/C or above.**

Students who have completed/ are completing an HND or Foundation Degree may be eligible to enter the programme in year 3. Students in this position should apply through UCAS and select year of entry '3'.

### PROGRESSION

Graduates have developed careers in the sports industry and beyond, including graduate schemes, business management, local authority sports development, and sports agency projects. Students have also chosen to study at master's (MSc/MA) level.

**For fee information please visit our website.**

## BSC (HONS) SPORTS COACHING

With the aim of preparing you for a successful career in coaching, coaching support, coaching management or teaching, this three-year degree programme combines practical coaching with the academic theory of fundamental concepts within coaching, sports science and teaching. You will develop your practical and contextual knowledge, and reflect on and evaluate your own coaching behaviour by putting theory into practice through applied studies, placements and assessments.

**FULL-TIME** THREE YEARS

**PART-TIME** SIX YEARS



### COURSE CONTENT

Coaching practice constitutes a large proportion of this programme, providing you with the opportunity to gain feedback from experienced, professional coaches. You will also be required to conduct your own research project, allowing you to explore a particular area of personal interest in the coaching field.

Assessments include exams, essays, projects, presentations and reports. Such diversity allows you to refine various academic and professional skills to prepare for your next steps. An Academic Tutor will work closely with you throughout the duration of your programme, supporting your development and tracking your academic progress to ensure that you maximise your potential.

### MODULES

A full list of course modules is available on our website.

### ENTRY REQUIREMENTS

**96 UCAS points.**

**GCSE or equivalent in English Language and maths at grade 4/C or above.**

Students who have completed/ are completing an HND or Foundation Degree may be eligible to enter the programme in year 3. Students in this position should apply through UCAS and select year of entry '3'.

### PROGRESSION

Following completion of this course, many students apply for PGCE or teacher training programmes, or to study at master's (MSc/ MA) level. Others have gained employment at professional clubs, in international coaching or National Governing Body programmes.

**For fee information please visit our website.**

## BSC (HONS) SPORT AND EXERCISE THERAPY



This highly practical three-year Sport and Exercise Therapy degree course is validated by Loughborough University and provides students with the opportunity to learn the knowledge and practical skills required to assess, manage and treat injuries in a sport and exercise setting. You will learn the essential clinical skills needed in diagnosing, treating and rehabilitating injured participants. This course is accredited by the Society of Sports Therapists and graduates will have the opportunity to become an accredited member of the society by demonstrating professionally recognised standards of knowledge and competence during their studies.

**FULL-TIME** THREE YEARS

**PART-TIME** SIX YEARS



### COURSE CONTENT

The BSc (Hons) Degree in Sport and Exercise Therapy has been designed to develop comprehensive knowledge and an analytical, critical and reflective approach to Sport and Exercise Therapy. The course will enhance student's employability and career preparation by establishing the practical skills, techniques, and methods required by Sport and Exercise Therapy practitioners.

Throughout the course students will be given the opportunity to learn good practice in clinical, laboratory and field-based settings and gain an understanding of professional behaviour, knowledge of practical problems, awareness of health and safety, and duty of care towards clients.

### MODULES

A full list of course modules is available on our website.

### ENTRY REQUIREMENTS

**112 points UCAS points.**

**GCSEs or equivalent in English Language and Maths at grade 4/C or above.**

If you are aged 21 or over at the the start of the course and find you do not meet the entry requirements, we urge you to still apply.

### PROGRESSION

Students are provided with the skills, knowledge and expertise to work as a self-employed Sports Therapist. Students are also well versed in the latest developments within the field of Sports Science, which prepares them to work within elite sport and the health and fitness industry. There are also routes on to postgraduate study in Sports Therapy and Sports Science related disciplines.

**For fee information please visit our website.**



AWARDED **GOLD** IN THE **TEACHING EXCELLENCE FRAMEWORK** IN JUNE 2019

# Loughborough

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